



*Working Together
Towards Health*

EOPCC
121-123 W. Main Street
P.O. Box 1219
Emmitsburg, MD 21727

P: 301-447-3310
F: 301-447-5851

www.eopcc.com

Bonita J. Portier, D.O.
Chief Executive Officer

Board of Directors
Karen Adelsberger
President

Phyllis Green
Secretary

Sr. Mary Kate Birge
Treasurer

Catherine Bodin

Myrna Eshleman

Linda K. Junker

Bridget McCarthy

Ann-Marie Miller

Christine Nigida

Ann Welty

TAX ID#
52-2172848

EOPCC News

AUGUST 2008

EOPCC Launches Phase II of Building Project

We are so excited to announce that as of July 28, 2008, Phase II of our building project was approved by the **Town of Emmitsburg!**

Phase II will enable EOPCC to expand its medical center to include facilities for outpatient **cancer treatment**, including chemotherapy, and outpatient **psychiatric care**. Please check our web site, www.eopcc.com, to get a view of the future! We will post details about the project as it unfolds.

To prepare all the needed studies and groundwork, EOPCC hired **Dennis Tobin** as project coordinator. He will bring together the Town of Emmitsburg representatives, **Fox and Associate Civil Engineers, CMW Architects**, and other interested parties to finalize the plans for the Phase II building project. We have a few construction companies working on final bid proposals. **Linda K. Junker**, one of our "Founding Mothers" of EOPCC is interfacing with **PNC Bank** (formerly Farmers & Mechanics) to help prepare for the substantial loan we will need for the project.

Approximately \$500,000.00 will have to be raised to complete phase II, through community support and bank loans. EOPCC is launching a capital campaign to raise the needed contributed funds. We are proud to announce that we have **100% Board participation and support** toward the campaign and we are especially grateful for their very generous gifts and pledges.

EOPCC Provides Medical Education

As part of its mission, EOPCC serves as a training facility for future medical care providers at all levels.

Medical Assistant Interns:

EOPCC has an affiliation agreement with **Kaplan College** and **Frederick Community College**. As a host site for interns, we are delighted to have the students sharpen their clinical skills at EOPCC. **Fallon Green** and **Cheryl Wood** of Kaplan College, and **Heather Dumhart, Erick Riffle** and **Samantha Robertson** of Frederick Community College each spent 180 hours completing their internships. They learned to draw blood, perform EKGs, give painless shots, triage patients, and prepare patients for their medical exams.

Pre-Med Students:

Nicholas Tomasello of **Mount St. Mary's University** and **Dawnette Urcuyo** of **Gettysburg College** have made our days refreshing as they rotated with us though the semesters, eager to learn about both medicine and people.

Osteopathic Students:

We look forward to November when **Kevin V. Hong** of **West Virginia School of Osteopathic Medicine** will be rotating with us. We are lining up our patients who enjoy Osteopathic manipulation!



Myrna Eshleman, RN

*Person –centered
education helps
students and
patients achieve
their highest
potential*

EOPCC Board Member Becomes Program Administrator for New Practical Nursing Program

Myrna Eshleman, RN, EOPCC Board Member, recently became Program Administrator for a new, innovative part-time Practical Nursing Program based in Chambersburg, PA.

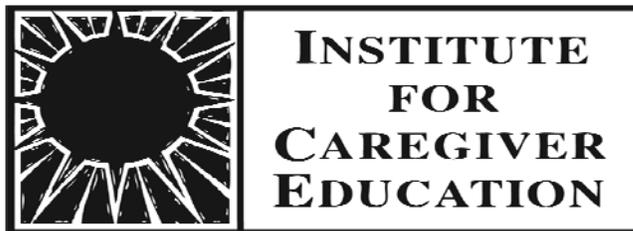
Ms. Eshleman works for the Institute for Caregiver Education, Inc., a non-profit organization whose mission is to foster the highest quality of life for elders through professional development and education for caregivers. The Institute opened its doors in 1993 and since then, more than 1,200 Nurse Aide Training students have successfully completed the program and passed the PA State Exam with greater than 90% pass rate.

In 2006 the Institute obtained a Private School License. Following that, they have been working at developing a part-time Practical Nursing Program in response to recommendations of a Pennsylvania Study Group that assessed the nursing shortage and challenges and recommended, “the expansion of practical nursing programs. . . including . . . opportunities for expanding part-time practical nursing education programs.”

The vision for the program was propelled by the acute nursing shortage which adversely affects patients who need nursing care. It supports persons in the community who need to upgrade their marketable skills, and meets the needs of students who must continue working while they pursue further education in nursing.

The philosophy of this innovative, accessible and affordable program is to provide education that is person-centered to help both the students and patients to achieve their highest potential. The program is composed of 1,500 hours and meets two days a week for two years. The first class of 36 students will begin July 8, 2008. The program will graduate Practical Nurses who will be valuable, contributing members of the nursing profession, qualified to meet the needs of patients across the lifespan.

For more information, contact Myrna Eshleman at meshleman@caregivereducation.org



Practical Nursing Program

Back by Popular Demand: Oktoberfest 2008



Once again, Barry and Monika Lucey will open their eighteenth-century manor house, Pennterra, to an Oktoberfest winetasting benefit that blends traditions from Monika's native Germany and Barry's native Maryland.

Our second Oktoberfest wine-tasting will take place on Sat., Oct. 18th (raindate: Sun. Oct. 19), from 4:00-7:00, on the banks of the Monocacy outside Creagerstown.

Tickets are \$35.00 per person, partially tax-deductible, for a wine-tasting featuring Austrian and Australian wines. Once again, Dr. David Rehm of Mount St. Mary's University will choose and introduce a variety of red and white

wines, and bounteous hors-d'oeuvres will be served. A silent auction will feature donations and services offered by EOPCC supporters and area businesses, including a beach-house weekend retreat, an antique porcelain chocolate set, gift cards, toys, handmades, and culinary treats. If you would like to donate an auction item, please email info@eopcc.com.

A boom economy in Oktoberfest country abroad (Germany and Austria) has given rise to a variety of local wine labels, many of them on lands cultivated for grapes for almost two thousand years. The boom economy has gone local, what Germans call the "broom economy," where smaller firms sponsor wine-tastings advertised by a broom on their front door. The broom will be on the front door at Pennterra on October 18 (raindate: 19th) awaiting you!

Gratitude... How can we thank those to whom we owe so much?

The Community Foundation of Frederick County has enabled us to be more attentive to our patients by providing us with machines that allow us to check patient protime/INRs, urine albumin and HbA1c's. This Grant was awarded EOPCC December 2007 and we have been able to since then to provide these services to our uninsured patients at no cost and our insured patients according to each insurance, but greatly discounted compared to usual lab fees. We have found that the downward trend in economics has prevented many of our patients from being timely monitoring their sugar control, or following the safety and therapy of their coumadin use. Special **Thank you** to all who have donated to the Community Foundation of Frederick County!

Thank you to the **Daughters of Charity** in Emmitsburg who donated us a wall mounted otoscope and ophthalmoscope to better serve our patients with eye and ear troubles. This beautiful set is at work in our Exam Room 1.

Thank you to **Dr. Thomas Powell, PhD** and President of **Mount St. Mary's University** and Irene Powell for their most generous gift of \$1,000 given in memory of William F. Junker toward the building project.

Thank you to The **Sisters of St. Francis of Philadelphia** who gave us an unrestricted grant of \$1,000 which we were able to use toward the building project. **Sister Eleanor Horneman** was instrumental in getting us a grant application and interceding on our behalf. To her we give special thanks!

Thank you to **Bridget McCarthy** and **Anne-Marie Miller**, Board Members who ran the Marine Marathon 26 and 13 miles respectively and earned over \$2,000 toward our building project this spring.

Thank you to the following Board Members for their support of the capital campaign: **Anne Welty** who in addition to her previous \$5,000 donation has made a second pledge of \$5,000, bringing her total gift to \$10,000; **Phyllis and Robert Green** for their \$1,000 pledge; **Bill O'Toole and Cathy Bodin** for their \$5,000 pledge; **Myrna and Ken Eshleman** for their \$2,500 pledge; and **Linda Junker** for her \$1,000 pledge.



Emmitsburg Osteopathic Primary Care Center

121-123 West Main Street

Emmitsburg, MD 21727

Phone: 301-447-3310

Fax: 301-447-5851

Email: info@eopcc.com

Web: www.eopcc.com

About EOPCC

Called the “Miracle on Main Street” by the Frederick News Post, Emmitsburg Osteopathic Primary Care Center is a 501(c)(3) nonprofit charitable organization dedicated to providing medical education and patient-centered osteopathic healthcare.

EOPCC operates a medical center in the heart of Emmitsburg, Maryland, where the organization provides primary care services for more than 1,500 residents of northern Frederick County, Maryland and southern Adams County, Pennsylvania. In addition, EOPCC’s medical center serves as a hub for medical services in the community by renting space to other healthcare providers.

The organization serves the needs of our community’s working poor by providing care with compassion and dignity regardless of patients’ financial situations. EOPCC provides nearly 10% of its total office visits free of charge to the uninsured and provides more than \$100,000 in free medicines each year to the uninsured and underinsured. EOPCC also educates future medical care providers, including medical students, nursing students, and college students.

Wanted: Bonnie Brae Lads & Lassies...to attend Burns Nite 2009

Burns Nite is Jan. 17th (snow date: 18th) in Emmitsburg this year, celebrating the 250th anniversary of the birth of the Scottish Bard. This benefit for EOPCC will be offered in the new Ambulance building, to accommodate a bumper crop of enthusiasts.

Tickets remain \$50 per person including a \$25 tax deductible donation to EOPCC. The Carriage House chefs will cater their classic Scottish offerings: the traditional haggis, shepherd’s pie, haddock, a six-vegetable mash, bannock (oatcakes), and the cake-like Broonie (brown bread), and will offer desserts of Scottish shortbread from an heirloom recipe and Cloutie Pudding with a rum sauce. Come hungry!

A brave lad and a bonnie lass are sought to offer the Toast to the Lasses and the Toast to the Lads. Please email or surface-mail your Toast to organizer Bill O’Toole (address next paragraph) for consideration. Online help is available at our web site: www.burnsnite.com and found elsewhere on Google and other search engines by searching “Toast to the Lasses” and “Burns Night Toasts.” As always, all guests are invited to read verse from the Bard, also available on the internet with hard copies available the night of the event.

Ticket sales begin in November to accommodate early Christmas shoppers. The deadline for checks is Jan. 10, and all payments will be confirmed by phone. Tickets will be held until the event unless patrons request a mailing, as in the case of holiday gift-giving. Please write checks to EOPCC with “Burns Nite” in the memo line and mail them to the organizer: Bill O’Toole, PO Box 368, Emmitsburg MD 21727; include your phone number for a confirmation phone-call.

Scottish tartans, photos, flags, banners, and posters are also sought for the Ambulance Hall’s décor. A photo contest will be held for the first time in 2009 in honor of Bobbie Burns’s 250th birthday, with all in attendance judging. May the best photo win! (First prize : a handshake. Second prize is ... you guessed it ... two handshakes).