



Working Together
Towards Health

EOPCC
121-123 W. Main Street
P.O. Box 1219
Emmitsburg, MD 21727

P: 301-447-3310
F: 301-447-5851

www.eopcc.com

Bonita J. Portier, D.O.
Chief Executive Officer

Board of Directors
Karen Adelsberger
President

Sr. Mary Kate Birge
Treasurer

Catherine Bodin

Sister Gloria Gilman

Linda K. Junker

Melissa Wetzel

TAX ID#
52-2172848

EOPCC News

SEPTEMBER 2011

EOPCC is a non-profit organization that provides compassionate health service with integrity and dignity; regardless of patients' financial situations. For information about EOPCC please contact any staff member at 301.447.3310 or visit <http://www.eopcc.org>. Already this year EOPCC has provided \$46, 000 in pro bono services and has written off more than \$33, 000 by participating in medical assistance plans. We welcome students, patients, and volunteers.

Vaccination Update

Flu Season is nearly here. Our staff is vaccinated and we encourage you to get vaccinated. We are delighted to announce we are well stocked in Influenza vaccine. We are looking forward to giving you your vaccination. Bring a friend! For those allergic or who have had a bad reaction to vaccine, we understand you are unable to be a part of this campaign to protect you and your community. Roll up those sleeves and line up for your shots. It is not just the Flu you are helping to ward off, but also the secondary bacterial infections that result from a weakened immune system.

We also encourage all those over 50 to get your pneumonia vaccine. The **pneumovax-23** protects against 23 of the 80 varieties of Pneumococcal Pneumonia that invade humans. While some will say we are protected for life with one vaccine, others suggest a booster every 7 years. If your immune system is good, one may do just fine. However, those with an illness such as chronic hepatitis, diabetes, inflammatory bowel disease may benefit from the more frequent boosters.

Tetanus boosters now contain acellular pertussis vaccine. It has been found that childhood vaccinations are not giving the expected protection through adulthood. Because of this, we have a new campaign to keep those tetanus vaccines with **diphtheria** and **pertussis** boosters up to date.

Zostavax helps prevent those nasty shingles outbreaks. We are happy to say this vaccine is again available. Please call the office to schedule your vaccination. This vaccine is targeted for those over 50.

Insurance coverage is variable on all vaccines. Find out what is covered. Our office is able to give you our prices. If a shot is received elsewhere, please give us a copy for EOPCC files. We will put it in your computer chart.

Fundraisers

Wine Tasting: not until Fall 2012 We are most disappointed to announce that our signature wine tasting event will not take place this year due to several personal crises that made putting together this event this year not feasible. Dr. Portier's youngest grandchild required heart surgery. Cathy Bodin, chair of our fundraising committee miraculously escaped being crushed to death in a severe auto accident, but not without breaking sternum and wrist. Melissa Wetzel's Dad lost his long and difficult fight with cancer. We were so overwhelmed, that we decided to take a breath. Please keep those palates open for next year's delights.

Burns Night is on for January 2012. So time to find where your tartans got stored. We will be working hard to make this event irresistible. Yes, we will be in JoAnn's Ballroom at the Carriage House. Our price for this year's event will remain at \$50.00 per person.

European adventure: Cathy Bodin is working on putting together a European tour we know this is a bit pricey, but we will be looking for that community building adventure and going where we hardly ever go: Overseas. Please let Cathy know if you are interested and which location would give you that just right stamp in your passport book.

Fundraisers Continued

Car Show: We give special thanks to 3 generations of **Bill Kuhn, His Place Auto Body Shop, Vicky Fraley, Rocko Meats, Mother Seton School**, Karen Adelsberger, Linda Junker, Millie Vauthrin, Ellen and Joe Dietz, and so many others who donated, worked, and participated in not one but two car show events: May 10th and September 10th this year. Building community and working to help EOPCC, there were many who donated awards and gifts for raffles. The Price brothers' racing cycles and the Torino stole the day.

Next year we will be hosting the car show again in May and will add flea market flavor, spaces for just \$5.00. Start planning now!

Our Students

Osteopathic:

Anthony Basel and **Patrick Wright** from **West Virginia School of Osteopathic Medicine** launched their 3rd year rotations by spending 2 months at EOPCC. It was wonderful for them to discover how much benefit our patients received from manipulative therapy, alternative medicine as well as digging in deep with traditional medicine.

Mount St. Mary' College Students:

Tyler Mummert rotated with us last semester and is now applying to Osteopathic Medical Schools. Tyler discovered that all sciences, even organic chemistry are integrated into direct medical care.

Martin Senese finds time to join us Monday mornings, getting to know the patients and the ways of medicine. His quiet and gentle ways provide a calmness to our patients.

Christopher Burnette, college graduate has spent many evenings with us and has his applications in and is beginning to get interviews set up for Osteopathic Med School.

Our Medical Assistant Students:

Laura Shannon and **Christine Woods** join us from Frederick Community College's Medical Assisting program. If you visit us during the evening you will see both students assisting in both the front and back office.

Cancer Care Close to Home

Dr. Amr Z. Hegazi and **Dr. Kanan H. Hudhud** are now seeing patients on a regular basis at their Emmitsburg **Cancer Care Center**. If you or those you know could make use of the service, even if you are not part of the EOPCC practice, you are more than welcome! Spread the word. Appointments can be made by calling 301 695-6777 and letting them know an appointment is desired for the Emmitsburg office. **Crystal Springer** formerly of EOPCC is now the friendly face greeting you at their front desk.

Podiatrist Available at EOPCC Monthly

Dr. Douglas Butler, DPM is returning and states he will be setting up those monthly visits for routine diabetic foot care and other routine foot care at EOPCC. If those feet are too tough in the nails or need some other Podiatry attention, give Dr. Butler a call at: 717-334-1800 to schedule your visit at EOPCC.

Welcome New Board Member: Sister Gloria Gilman, D.C.

Sister Gloria Gilman is a retired social worker who is very interested in the needs of our Emmitsburg Community. Sister is Daughter of Charity and lives at the Mother House at Villa St. Michael's, here in Emmitsburg. Sister has dedicated a lot of time understanding EOPCC and has a lot of great ideas for our future.

Staff Kudos

Kristin Gee, our Office manager for 6 years, **Nancy Manahan** and **Lacee Andrew** received their 5 year service certificates, together they have given more than 16 years of service to EOPCC. We are so grateful for their dedication, getting patients scheduled, getting those referrals pre-authorized, and getting those bargains for the needs of the uninsured as well as their warm smiles at the front desk.

Welcome **Jessica Taylor!** Our new and certified Medical Assistant and Phlebotomist. Jessica recently moved to the area from California and we are glad to have on our team. Jessica provides our patients with consistent lab hours for injections, blood draws and ear lavage's.

Friends of EOPCC Committee

Welcome on Board to Joan Treadway, Ann Reaver, and Rose Ferguson who are joining the Friends of EOPCC to help organize our fundraising events. Great brains, good hearts and souls, thank you for joining!

You too can join our friends committee. Fundraisers need woman and man power, ideas, donations and support. If you can help us, Please contact Cathy Bodin at 301-447-2690 and leave her a message. You may also e-mail us at noportier@aol.com.

Drivers: Bill Kuhn and Rose Ferguson have added a much needed new service to EOPCC. Many of our patients have been unable to follow up on medical consults as they have no car. These volunteers are working with our patients to get them to those much needed specialist appointments.

We **need** and **outside accountant** who would do a free or discounted **audit** or **financial review** for EOPCC, in order to be eligible for larger grants. Our need is urgent, as we have some grants in progress.

Your Donation Matters

Our economic times are more stressed than ever. We are asking everyone receiving this letter to assist by donating something. A contribution of any amount, even \$5, can make a difference. Also items for silent auction, services, anything that will help EOPCC pay down its debt, or enhance services, make our website more functional would be very appreciated. Your donation counts! Here's an idea of what your contribution can do to help working poor families in our community. \$12.00 provides a urine test to determine whether a person has an infection. \$18.00 provides a HbA1c blood glucose test for a person with diabetes. \$35.00 provides a flu shot that will help keep one of your neighbors healthy this winter. \$50.00 will provide an EKG to check on irregular heart rhythms. \$52.00 will give a senior a pneumonia vaccine. \$94.00 will provide a complete office visit for someone who is struggling financially. Whatever amount you can give will make a difference to someone in need this fall.



I would like to make a donation to EOPCC!

Donation Amount: \$25 \$15 \$10 \$5 \$_____

\$94 (complete office visit) \$50 (EKG) \$35 (flu shot)

\$18 (blood glucose test) \$12 (urine test)

Please accept the enclosed check, made payable to EOPCC. **OR** Please charge my: Visa Mastercard

Credit Card Number: _____ Expiration Date: _____

Signature: _____

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Please detach and return this slip to EOPCC, PO Box 1219, Emmitsburg, MD 21727



**Emmitsburg Osteopathic
Primary Care Center**

121-123 West Main Street
Emmitsburg, MD 21727

Phone: 301-447-3310

Fax: 301-447-5851

Email: info@eopcc.com

Web: www.eopcc.com

About EOPCC

Called the “Miracle on Main Street” by the Frederick News Post, Emmitsburg Osteopathic Primary Care Center is a 501(c)(3) nonprofit charitable organization dedicated to providing medical education and patient-centered osteopathic healthcare.

EOPCC operates a medical center in the heart of Emmitsburg, Maryland, where the organization provides primary care services for more than 1,500 residents of northern Frederick County, Maryland and southern Adams County, Pennsylvania. In addition, EOPCC’s medical center serves as a hub for medical services in the community by renting space for other healthcare services, including cancer treatment.

The organization serves the needs of our community’s working poor by providing care with compassion and dignity regardless of patients’ financial situations. EOPCC provides nearly 10% of its total office visits free of charge to the uninsured and provides more than \$90,000 in free medicines each year to the uninsured and underinsured. EOPCC also educates future medical care providers, including medical students, nursing students, and college students.



**Emmitsburg Osteopathic
Primary Care Center**

121-123 West Main Street
P.O. Box 1219
Emmitsburg, MD 21727

Non Profit Org U.S. Postage Paid Emmitsburg, MD Permit No. 83
