



*Working Together
Towards Health*

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EOPCC News

APRIL 2009

Our Building Project is in Progress!!!

Cancer treatment center close to home in progress! Please drive down West Main Street and watch construction at work! We have our building permit. We are working with **PNC Bank** to get our financing in order before the first payment is due at the end of March. **ICDC** (Interstate Construction & Development Corporation) is a well respected construction company based out of Finksburg, Maryland. They have met with us many times reviewing the functional and fire code changes in the building both from the Town of Emmitsburg and from Frederick County. Special thanks to **Samantha** and **Mark Golibart** for the temporary easement that makes building possible.

For those of you who can help us. Your contributions are desperately needed in forms of cash, service, or by buying a personalized brick that will be displayed in our healing garden once construction is completed. Please join us in bringing cancer care close to home.

We are not shy to ask each of you to do all you can to help fund this great community service!
You can help by using the enclosed pledge form to make a gift to the campaign!

Psychiatrist Needed

Yes, we are still in search of psychiatric practitioner. We have an office design approved by the Board for ready use when we get to that phase of our project. We will go forward with the hope, "if we build it they will come." If you have a best friend, the psychiatrist who would love working in our wonderful Town of Emmitsburg, please have them call us!

Help in Troubled Times

In 2008, our pro bono services were up by 25%, a reflection of a tough economy and poor insurance coverage. If you have someone in need of medical care, we are aware of some possible programs that may assist them. For Pennsylvania, the **Healthy York** program (1-800-429-2430/www.healthyyorknetwork.org). In Maryland, the **Maryland Medical Care Programs** are available and eligibility is determined upon each family's income (1-866-433-8451/www.bhca.org).

For all people, do not forget the **Wellspan Multiphasic** lab Program, where one can get \$1200 to \$1400 dollars of lab diagnostic services for \$30 to \$75 dollars depending on how much testing is needed.

Grant Gift in Use

Thank you, **The Community Foundation of Frederick County!** Our Audiometer is in high use and we have more than doubled our referrals to ENT's as we discover significant to profound hearing loss in many of our patients. The Community Foundation of Frederick County has enabled EOPCC to provide EKG's, Oxygen level monitoring, curb side Wheel Chair services, and an AED that talks providers through CPR and more!

Sometimes the quiet behind the scenes contributions bring the nicest results.

EOPCC Applauds Our Volunteers!

On February 21st we honored many, but not all, who have helped EOPCC be the wonderful organization that it is today. Board Members past and present, behind the scenes personnel, some of those that have helped us in extraordinary ways during our fundraiser projects, joined us at the Carriage House Inn for an evening of thanksgiving and celebration. We hope to expand our celebration in the future.

This year we especially honored **Roy and Cathy Beverage** with our **2008 Community Service Award** for their work behind the scenes in both Phase I and Phase II of the building project, for assisting us with signage. We thank Roy and Cathy for stabilizing, framing in beautiful red oak, and installing two stained glass windows which add such life and energy to our waiting area and exam room 2. These **Elizabeth Grafton** windows are made from West Virginia Glass and are set in epoxy and sand. The windows weigh over 400 pounds. Their installation was Herculean.

As our **2008 Volunteer of the Year**, we give great honor to **Laura Portier-LaLumiere**. We cannot thank Laura enough. She has guided us behind the scenes, teaching us to be a healthy, compliant non-profit organization, successfully grant writing for us, giving us board retreats, guiding and assisting us through many of our fundraiser projects. Laura has her master's degree in Nonprofit Management. It is not enough that she takes care of us at EOPCC, but she also is the Director of Development for the Boys and Girls Club of Huntington Valley, raising funds for preschool and after school programs for thousands of children. Laura is also a free lance grant writer and has done a lot to help the Charleston Symphony in South Carolina.

Sometimes the quiet behind the scenes contributions bring the nicest results. We at EOPCC give **Sister Eleanor Horneman, OSF** special thanks. Because of her tutoring services one of our patients was able to obtain her GED. The pride we have in our patient makes us beam. It would not have happened without Sr. Eleanor nudging her along.

Staff Kudos

EOPCC was awarded *Externship Site of the Year 2008* from Frederick Community College. This reflects the solicitous work of **Kristin Harbaugh**, our office manager, as well as our staff, who have eagerly trained others seeking a better future.

Special Congratulations to **Alexandria Boswell**. Alexandria is now a fully Certified Medical Assistant through the American Association of Medical Assistants. Alexandria is a proud graduate of the Kaplan College Medical Assistant Program and completed her externship at EOPCC in 2007

Special Welcome to New Board Members

Welcome, **Millie Vauthrin** and **Melissa Wetzal** who have joined the cause! Thank you **Karen Adelsberger, Myrna Eshelman, Sr. Mary Kate Birge, Linda K. Junker, Anne-Marie Miller and Cathy Bodin** who have remained stalwart in their continued loving service!

Burns Nite a Great Success!

This year 60 plus Scottish fans gathered together to celebrate Bobby Burns 250th birthday Anniversary. Despite January 17th zooming down to a brisk 18 and later minus 5 degrees Fahrenheit, spirits were warm and hearts merry. A beautiful slide show of Scotland's scenery made us feel as if we were there. Music and friends and poetry and haggis and a host par excellence made a magic evening. Once again we thank **William O'Toole** and **Cathy Bodin** for weeks of loving hard labor. **John Hovde** our chef made a presentation that would make other high restaurants envious. Congratulations to **Dave** and **Bridget McCarthy** who won the raffle for a vacation in Point Harbor, and to **Deb Guzinski** who won the handmade Blue MacDonald Tartan scarf donated by **Kathy** and **Don Yockey**.

Our Students

Kevin Hoang, Osteopathic 3rd year student from West Virginia School of Osteopathic Medicine, loved being at EOPCC. Kevin is already planning a return trip this August.

Ayesha Kahn has gotten interviews from 7 (seven) Osteopathic Schools and will soon be making her choice.

Three of our four nurse practitioner students are now with child. It must be the water at the University of Maryland. They express their gratitude to EOPCC. Each of them gladly drove over an hour with or without morning sickness to hone their medical skills. We wish them well and welcome them now and anytime: **Malaya Robinson**, **Yvonne Njenga** and **Kate Malenfant**. Our fourth student, **Jeanine Isenhoff** already has her 6 year old twins and is deferring any new bambinos. We ask prayers for healthy children.

Our medical assistant students from Frederick Community College are **Julie Stick** and **Lauren Cowen**. Congratulations for their progress.

Can you spare a minute? Or maybe a couple of hours?

If you would like to help EOPCC in its building campaign but, like most people, are not a carpenter, engineer, architect or lawyer, you still have something that you can donate, if you can spare an hour or two.

Like several supporters have already done, it is possible to make a pledge to EOPCC that you can pay off a bit at a time, with each paycheck, over a period of a year or even a few years.

Can you spare one or more hours a week or a month of your salary for a tax-deductible donation? The amount of a single pledge payment may be modest but the amount of good it does is often surprising to the donor.

As in a savings account, a schedule of budgeted giving mounts up steadily over time. When a paycheck arrives, it is satisfying to be able to write a check for a moderate amount, knowing that the gift can be repeated with following paychecks because the amount and the frequency of the gift has been budgeted. The gift grows with time, even as the construction now underway transforms EOPCC in the front half of its property.

EOPCC is a type of savings account for our area. It is an investment in our own health and in that of our neighbors. This amounts to a vote of confidence in our communities and in the families we raise here. The donors to EOPCC join Dr. Bonnie in toasting the continued health care of our area.

Please consider making a pledge using the form in this newsletter! Whether your gift be \$10 a month or \$100 a month, you will do a world of good for the health of our community!



**Emmitsburg Osteopathic
Primary Care Center**

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About EOPCC

Called the "Miracle on Main Street" by the Frederick News Post, Emmitsburg Osteopathic Primary Care Center is a 501(c)(3) non-profit charitable organization dedicated to providing medical education and patient-centered osteopathic healthcare.

EOPCC operates a medical center in the heart of Emmitsburg, Maryland, where the organization provides primary care services for more than 1,500 residents of northern Frederick County, Maryland and southern Adams County, Pennsylvania. In addition, EOPCC's medical center serves as a hub for medical services in the community by renting space to other healthcare providers.

The organization serves the needs of our community's working poor by providing care with compassion and dignity regardless of patients' financial situations. EOPCC provides nearly 10% of its total office visits free of charge to the uninsured and provides more than \$100,000 in free medicines each year to the uninsured and underinsured. EOPCC also educates future medical care providers, including medical students, nursing students, and college students.

I want to make a donation to bring healthcare close to home!

Yes! I would like to have my Loved Ones remembered through a commemorative brick at Emmitsburg Osteopathic Primary Care Center:

- \$50 4x8 Brick with 4 lines of text up to 18 Characters Each
- \$100 8x8 Brick with 8 lines of text up to 18 Characters Each
- \$150 12x12 Brick with 12 lines of text up to 18 Characters Each for \$150

Please engrave my brick with the following:

Line 1 _____	Line 2 _____	
Line 3 _____	Line 4 _____	(\$50)
Line 5 _____	Line 6 _____	
Line 7 _____	Line 8 _____	(\$100)
Line 9 _____	Line 10 _____	
Line 11 _____	Line 12 _____	(\$150)

Yes! I would like to help bring Cancer & Psychiatric Care Close to Home by helping build Phase II of Emmitsburg Osteopathic Primary Care Center's building project.

Option 1: Please accept my donation of \$25.00 \$50.00 \$100.00 Other _____.

Option 2: I would like to make a pledge of \$_____ paid in installments of \$_____ on a monthly quarterly annual basis over a period of _____ year(s). My first payment is enclosed.

My check, payable to EOPCC, is enclosed.

Please charge my Visa or Mastercard. Card # _____ Exp. _____
Cardholder Signature: _____

If pledging, would you like EOPCC to automatically charge your credit card based on the amount and payment schedule you have selected? (Circle one) Yes No

PLEASE MAIL DONATIONS TO: EOPCC, P.O. BOX 1219, EMMITSBURG, MD 21727